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**HEALTH AND WELLBEING BOARD**  
**MINUTES OF THE MEETING HELD ON 13 MARCH 2024**

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**Present:** Councillors Fielker, P Baillie, Finn (Chair) and Houghton  
Rob Kurn, Debbie Chase, Robert Henderson, Dr Sarah Young (Vice-Chair), Paul Grundy, James House, Dr Michael Roe, Claire Edgar and Keith Allen

**Apologies:** Councillor Kenny and Suki Sitaram

11. **APOLOGIES AND CHANGES IN MEMBERSHIP (IF ANY)**

The apologies of Councillor Kenny and Suki Sitaram were noted.

In addition it was noted that:

- Councillor Finn was the Chair of the Health and Wellbeing Board, following the appointment of Councillor Finn as the Cabinet Member for Adults and Health at the Cabinet meeting on the 15 January 2024.
- the Chief Medical Officer at University Hospital Southampton NHS Foundation Trust, Paul Grundy had appointed the Deputy Chief Medical Officer, Dr Trevor Smith to act as his representative on the Board
- At Healthwatch Strategic Group meeting on 29 February it was agreed that, Suki Sitaram, Healthwatch Southampton Chairperson, would be the Healthwatch representative on the Board and that Kevin Allen, Healthwatch Southampton Strategic Group Member would be the deputy.

12. **MINUTES OF THE PREVIOUS MEETING (INCLUDING MATTERS ARISING)**

**RESOLVED:** that the minutes for the Board meeting on 13 December 2023 be approved and signed as a correct record.

13. **HEALTH IN ALL POLICIES**

The Board considered the report of the Cabinet Member for Adults & Health outlining progress in delivering Health in all Policies.

Kate Harvey, Munira Holloway and Mirembe Woodrow were in attendance and, with the consent of the Chair, addressed the meeting.

The Board discussed a number of points including:

- The definition, approach and framework of the Board;
- Progress made during Phase One of the project; and
- Options for the focus of Phase two of the project

The Board discussed the options outlined in the report and concluded that the Option B: A Moderate Approach would require the alignment with the Health Determinants Research Collaborations to evidence impact of decisions considering health.

14. **MENTAL HEALTH & WELLBEING STRATEGY**

The Board considered the report of the Cabinet Member for Adults & Health outlining the new Mental Health & Wellbeing Strategy for Southampton.

Rob Kurn introduced the report stating that the strategy detailed in Appendix 1 of the report was welcomed and that it had been drawn together by an extensive consultation process. Dr Walmsley detailed the considerations set out in the strategy.

**RESOLVED:**

1. That the Board recommended that Cabinet approve the new Southampton Mental Health and Wellbeing Strategy as attached in appendix 1 and supporting documents (appendix 2-4).
2. That a detailed action plan should be continued to be developed and that a established the multi-agency Southampton Mental Health and Wellbeing Partnership would deliver the strategy.

15. **ROUTINE CHILDHOOD IMMUNISATIONS - STRENGTHS AND NEEDS ANALYSIS**

The Board considered the report of the Cabinet Member for Adults & Health outlining childhood immunisation uptake rates and feedback from providers and parents in order to improve uptake

The Childhood Immunisation Strengths and Needs Assessment ( CHISANA) was discussed with regard to work already being undertaken in Southampton. The Board noted the national picture in regard to the recent outbreaks of measles in the Midlands and in London. The steps being implemented to reach out to communities across the City were detailed and explained whether that be through the medical sector or through educational establishments.

**RESOLVED** that the Board accepted the recommendations from the childhood immunisation strengths and needs assessment 'CHISANA' on engagement, inequalities and inclusion, service improvement and partnership working.

16. **TOBACCO, ALCOHOL AND DRUG STRATEGY UPDATE**

The Board considered the report of the Cabinet Member for Adults and Heath outlining delivery of the Tobacco, Alcohol and Drug Strategy

Charlotte Matthews, Public Health Consultant, Colin McAllister Senior Public Health Practitioner and Helen Dougan Senior Public Health Practitioner were in attendance and, with the consent of the Chair, addressed the meeting. Outlining the progress set out in the report.

**RESOLVED** that

1. The Board would continue to note the significant harm that tobacco, alcohol and drugs cause in Southampton and notes the progress made in implementing the Southampton Tobacco Alcohol and Drug Strategy, 2023-28.
2. The Board would continue to actively champion the implementation of the strategy, including:

- All organisations use their impact as Anchor Institutions, to prevent and reduce harm from tobacco, alcohol, and drugs, including vaping when used other than by adults as a tool to stop smoking. This includes visible leadership, such as a Smokefree commitment, and a “Health in all policies” approach.
  - the non-judgemental language: of drug and alcohol use or harm, rather than “misuse”; and of tobacco dependency and treatment, particularly in a health care context.
  - evidence-informed policy
3. Board members noted that they could contact Public Health if they would like further advice or support for their strategic or operational work on tobacco, alcohol, drugs and/or vaping.